KIDDIE ACADEMY℠
EDUCATIONAL CHILD CARE



October

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Am Snack Lunch PM Snack 3	28 Cheerios Turkey / Veggie Fried Rice Strawberry Yogurt	29 Greek Yogurt Pasta Marinara Meatballs Fruit Bars	30 Oatmeal Fish Sticks Mashed Potatoes Bananas	1 Egg Omelet Chicken or Veggie Nuggets Smiley Fries Pretzels	2 Bagel w/ Cream Cheese Grilled Cheese Tomato Soup Chef Choice
Am Snack Lunch PM Snack 4	5 Cheerios Baked Ziti Carrots Graham Crackers	6 Bagel w/ Cream Cheese Turkey Mashed Potatoes Strawberry Yogurt	7 Whole Grain French Toast Mac & Cheese Cucumbers Veggie Straws	8 Greek Yogurt Chicken Patty / Veggie Nuggets Sweet Potato Fries String Cheese & Crackers	9 Egg Omelet Pizza Cucumbers Oatmeal Cookies
Am Snack Lunch PM Snack 1	12 Cheerios Turkey / Veggie Fried Rice Strawberry Yogurt	13 Oatmeal Pasta Marinara Meatballs Graham Crackers	14 Bagel w/ Cream Cheese Chicken / Veggie Nuggets Sweet Potato Fries Pretzels	15 Greek Yogurt Fish Sticks Mashed Potatoes Fruit Bars	16 Egg Omelet Pizza Cucumbers Chef Choice
Am Snack Lunch PM Snack 2	19 Cheerios Ravioli Carrots Animal Crackers	20 Greek Yogurt Turkey Mashed Potatoes String Cheese & Crackers	21 Egg Omelet Mac & Cheese Cucumbers Veggie Straws	22 Bagel w/ Cream Cheese Chicken Patty / Veggie Nuggets Mixed Veggies Oatmeal Cookies	23 Whole Grain French Toast Pizza Cucumbers Banana
Am Snack Lunch PM Snack 3	26 Cheerios Turkey / Veggie Fried Rice Strawberry Yogurt	27 Greek Yogurt Pasta Marinara Meatballs Fruit Bars	28 Oatmeal Fish Sticks Mashed Potatoes Bananas	29 Egg Omelet Chicken or Veggie Nuggets Smiley Fries Pretzels	30 Bagel w/ Cream Cheese Grilled Cheese Tomato Soup Chef Choice Parade is at 3:30pm We close @ 4pm

Morning Snack includes milk • Lunch includes milk and fruit • Afternoon snack includes water

Whole milk is served to children under the age of 2 / 1% for older children • Whole grain products are served daily

Alternative options for all dietary restrictions/preferences: cheese sandwich, plain pasta, Greek vanilla yogurt, and vegetarian proteins

